

February 6th to the 12th

PHC Lunch and Dinner Menu

	LUNCH		Dinner
Monday			
Soups:	Chicken Noodle/Vegetarian Lentil	Soups:	Chicken Noodle/Vegetarian Lentil
Vegetarian:	Green Chili Beans	Vegetarian:	Roasted Vegetables
Farm to Fork:	Hydroponic Salad	Farm to Fork:	Spinach Dip with Pita Chips
Main Plate:	Teriyaki Chicken/Jasmine Rice	Main Plate:	Pork Stew/Mashed Potatoes
	Oriental Vegetables		Seasonal Vegetables
Global:	Hummus Wraps	Global:	Caesar Salad
Grill:/Oven	Hamburgers & Corndog / Pizza	Grill:/Oven	Hamburgers & Hot Dogs / Pizza
Tuesday			
Soups:	Corn Chowder with Crab/Minestrone	Soups:	Corn Chowder with Crab/Minestrone
Vegetarian:	Baked Sweet Potato	Vegetarian:	Refried Black Beans
Farm to Fork:	Hydroponic Salad	Farm to Fork:	Chips & Salsa
Main Plate:	Baked Potato Bar with all the Fixings	Main Plate:	Beef Tacos/Rice
	Seasonal Vegetables		Seasonal Vegetables
Global:	Tuna Melts	Global:	Heirloom Tomatoes, Basil, Brie Cheese Panini
Grill:/Oven	Hamburgers & Hot Dogs/Pizza	Grill:/Oven	Hamburgers & Hot Dogs / Pizza
Wednesday			
Soups:	Navy Bean with Ham/Cream of Mushroom	Soups:	Navy Bean with Ham/Cream of Mushroom
Vegetarian:	Pasta Alfredo	Vegetarian:	Balsamic Roasted Portobello Mushrooms
Farm to Fork:	Micro Greens Waldorf Salad	Farm to Fork:	Beet Salad
Main Plate:	Chicken Cacciatore/Pasta	Main Plate:	Beef Stroganoff/Egg Noodles
	Seasonal Vegetables		Seasonal Vegetables
Global:	Reuben Panini	Global:	Chef's Salad
Grill:/Oven	Hamburgers & Hot Dogs / Pizza	Grill:/Oven	Hamburgers & Hot Dogs / Pizza
Thursday			
Soups:	Clam Chowder/Tomato Basil	Soups:	Clam Chowder/Tomato Basil
Vegetarian:	Black-eyed Peas with Okra	Vegetarian:	Quiche Florentine
Farm to Fork:	Apple Cobbler	Farm to Fork:	Spinach Salad
Main Plate:	Sausage & Peppers/Creole Rice/Garlic Rolls	Main Plate:	Chicken Tenders/Scalloped Potatoes
	Seasonal Vegetables		Seasonal Vegetables
Global:	Ham & Cheese Wraps	Global:	Harvest Chicken Salad
Grill:/Oven	Hamburgers & Hot Dogs/Pizza	Grill:/Oven	Hamburgers & Hot Dogs/Pizza
Friday			
Soups:	Beef Chili/French Onion	Soups:	Beef Chili/French Onion
Vegetarian:	Sundried Tomato Couscous	Vegetarian:	Sage Dressing
Farm to Fork:	Hydroponic Salad	Farm to Fork:	Tomato, Cucumber Salad
Main Plate:	Baked Salmon with Lemon Butter Sauce/Brown Rice	Main Plate:	Roasted Turkey/Mashed Potatoes/Gravy
	Seasonal Vegetables		Seasonal Vegetables/Cranberry Relish
Global:	Mixed Green Apple, Cranberry Salad Honey Lime Vinaigrette	Global:	Southwestern Warp
Grill:/Oven	Hamburgers/Kielbasa/Pizza	Grill:/Oven	Hamburgers & Hot Dogs/Pizza
Saturday			
Soups:	Oatmeal/Cream of Wheat	Soup:	Chicken Barley
Vegetarian:	Scrambled Eggs	Vegetarian:	Roasted Cauliflower
Farm to Fork:	Hydroponic Salad	Farm to Fork:	Hydroponic Salad
Main Plate:	Biscuits & Gravy/Bacon/Blueberry Pancakes	Main Plate:	Honey Mustard Chicken/Basmati Rice
	Seasonal Vegetables		Seasonal Vegetables
Global:	Breakfast Wraps	Global:	Panini
Grill:/Oven	Hamburgers & Hot Dogs/Pizza	Grill:/Oven	Hamburgers & Hot Dogs/Pizza
Sunday			
Soup:	Hot & Sour Chicken	Soup:	Hot & Sour Chicken
Vegetarian:	Caramelized Squash	Vegetarian:	Pasta Marinara
Farm to Fork:	Hydroponic salad	Farm to Fork:	Hydroponic salad
Main Plate:	Philly Steak & Cheese/Mojo Potatoes	Main Plate:	Spaghetti with Meat Sauce/Garlic Rolls
	Seasonal Vegetables		Seasonal Vegetables
Global:	Tossed Salad	Global:	Wraps
Grill:/Oven	Hamburgers/ Hot Dogs/Pizza	Grill:/Oven	Hamburgers & Hot Dogs/Pizza

Menu may change without notice at any time as to business needs.